

Einzelwettkampf am 22.07.2023

Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|-----------------------|-------------------------|----|-----|------|-------|-----|---------|----|-------|----|---------|
| 1 | 65 | Bergmann, Christoph | TVE Netphen | 73 | M50 | 1 | 7:08 | 1 | 40:27 | 2 | 14:03 | 1 | 1:01:38 |
| 2 | 59 | Behlmer, Jonas | Friedrichsdorf | 89 | M30 | 1 | 8:54 | 5 | 41:09 | 3 | 14:46 | 2 | 1:04:49 |
| 3 | 37 | Hubert, Jens | team-naunheim.de | 86 | M30 | 2 | 9:15 | 8 | 40:03 | 1 | 15:36 | 4 | 1:04:54 |
| 4 | 51 | Diehl, Jan-Niklas | LGV Marathon Giessen | 95 | M20 | 1 | 8:05 | 3 | 43:50 | 5 | 15:32 | 3 | 1:07:27 |
| 5 | 41 | Radke, Mario | SRL Triathlon Koblenz | 67 | M50 | 2 | 9:16 | 9 | 43:36 | 4 | 16:35 | 6 | 1:09:27 |
| 6 | 39 | Hegebarth, Carsten | Triablo Diefenbach | 86 | M30 | 3 | 9:26 | 10 | 44:24 | 7 | 17:18 | 7 | 1:11:08 |
| 7 | 35 | Breuer, Lars | LG Brechen | 64 | M50 | 3 | 11:10 | 24 | 43:51 | 6 | 16:12 | 5 | 1:11:13 |
| 8 | 40 | Meyer, Florian | Feuerwehr Mengerskirche | 80 | M40 | 1 | 10:05 | 15 | 45:02 | 8 | 17:43 | 9 | 1:12:50 |
| 9 | 18 | Zampedri, Willi | Der Naunheimer | 69 | M50 | 4 | 11:07 | 23 | 45:13 | 9 | 17:22 | 8 | 1:13:42 |
| 10 | 29 | Eichert, Mario | SGKR | 73 | M50 | 5 | 9:07 | 7 | 47:27 | 13 | 17:56 | 12 | 1:14:30 |
| 11 | 53 | Hartmann, Christoph | LC-Diabü Eschenburg | 87 | M30 | 4 | 9:42 | 11 | 46:31 | 10 | 18:43 | 14 | 1:14:56 |
| 12 | 10 | Sattler, Ingolf | SC Oberlahn | 72 | M50 | 6 | 9:51 | 12 | 47:40 | 14 | 18:45 | 15 | 1:16:16 |
| 13 | 17 | Kruppen, Erik | Cleeberg | 76 | M40 | 2 | 11:05 | 22 | 48:33 | 16 | 17:46 | 11 | 1:17:24 |
| 14 | 28 | Funk, Marc-Alexander | ASC Dillenburg | 72 | M50 | 7 | 11:45 | 27 | 48:05 | 15 | 17:45 | 10 | 1:17:35 |
| 15 | 43 | Lotz, Harald | team-naunheim.de | 69 | M50 | 8 | 10:48 | 18 | 48:40 | 17 | 18:24 | 13 | 1:17:52 |
| 16 | 46 | Klein, Gunnar | team-naunheim.de | 63 | M60 | 1 | 10:58 | 20 | 46:38 | 11 | 20:58 | 30 | 1:18:34 |
| 17 | 76 | Schuy, Rene | Weilmünster | 76 | M40 | 3 | 12:41 | 32 | 46:40 | 12 | 20:34 | 27 | 1:19:55 |
| 18 | 2 | Georg, Luca | FeG Breitscheid | 00 | M20 | 2 | 9:54 | 13 | 50:21 | 19 | 19:47 | 19 | 1:20:02 |
| 19 | 1 | Kunz, Michael | ASC Dillenburg | 70 | M50 | 9 | 10:22 | 16 | 49:38 | 18 | 21:08 | 31 | 1:21:08 |
| 20 | 33 | Schäfer, Hans-Peter | DLRG Tri-Team-Wetzlar | 60 | M60 | 2 | 10:00 | 14 | 52:40 | 24 | 19:36 | 18 | 1:22:16 |
| 21 | 13 | Harl, Gunther | DLRG Tri-Team Wetzlar | 65 | M50 | 10 | 11:28 | 26 | 50:48 | 20 | 20:02 | 21 | 1:22:18 |
| 22 | 5 | Stamer, Jan | DLRG Tri-Team-Wetzlar | 68 | M50 | 11 | 8:00 | 2 | 54:18 | 27 | 20:56 | 29 | 1:23:14 |
| 23 | 63 | Hief, Moritz | team-naunheim.de | 01 | M20 | 3 | 8:27 | 4 | 55:31 | 30 | 20:07 | 22 | 1:24:05 |
| 24 | 26 | Birkenstock, Dirk | TV Herbornseelbach | 64 | M50 | 12 | 13:48 | 40 | 50:51 | 21 | 19:48 | 20 | 1:24:27 |
| 25 | 22 | Dittelbach, Stefan | Tri-flow Bad Endbach | 69 | M50 | 13 | 9:05 | 6 | 52:13 | 22 | 25:27 | 40 | 1:26:45 |
| 26 | 42 | Kracht, Hermann | DLRG Tri-Team-Wetzlar | 52 | M70 | 1 | 12:13 | 30 | 55:18 | 29 | 19:19 | 17 | 1:26:50 |
| 27 | 4 | Heimann, Jens | AW...als...weiter...! | 81 | M40 | 4 | 11:25 | 25 | 52:19 | 23 | 23:31 | 36 | 1:27:15 |
| 28 | 57 | Krummer, Marco | Triathlon Equipe Elz | 74 | M40 | 5 | 12:09 | 29 | 56:25 | 34 | 20:23 | 25 | 1:28:57 |
| 29 | 48 | Steinebach, Thomas | Die MANNschaft e.V. | 59 | M60 | 3 | 15:07 | 45 | 53:15 | 25 | 21:08 | 31 | 1:29:30 |
| 30 | 3 | Reichmann, Jörg | Hellerhicken | 70 | M50 | 14 | 13:08 | 35 | 55:03 | 28 | 22:16 | 33 | 1:30:27 |
| 31 | 50 | Droß, Stephan | TuSpo 1920 e.V. Holzhau | 74 | M40 | 6 | 17:27 | 51 | 53:45 | 26 | 20:28 | 26 | 1:31:40 |
| 32 | 31 | Fischer, Marcus | frankfurter - jungs | 66 | M50 | 15 | 14:00 | 42 | 55:34 | 31 | 22:48 | 34 | 1:32:22 |
| 33 | 67 | Breitfelder, Felix | Wetzlar | 95 | M20 | 4 | 12:31 | 31 | 55:36 | 32 | 24:16 | 39 | 1:32:23 |
| 34 | 52 | Heidt, Markus | MGV 1897 Oberdreselnd | 68 | M50 | 16 | 12:49 | 33 | 1:00:00 | 40 | 20:47 | 28 | 1:33:36 |
| 35 | 49 | Pfeiffer, Andreas | TuSpo 1920 e.V. Holzhau | 77 | M40 | 7 | 16:06 | 48 | 57:38 | 35 | 20:18 | 23 | 1:34:02 |
| 36 | 25 | Lex, Dominik | Rabenau | 84 | M30 | 5 | 14:51 | 44 | 1:01:35 | 42 | 19:12 | 16 | 1:35:38 |
| 37 | 54 | Leuninger, André | SC Westernohe | 77 | M40 | 8 | 13:41 | 39 | 58:51 | 37 | 23:15 | 35 | 1:35:47 |
| 38 | 38 | Bräuer, Paul Benjamin | SV Schwimmbad Ober-Ra | 91 | M30 | 6 | 13:32 | 38 | 1:02:10 | 45 | 20:21 | 24 | 1:36:03 |
| 39 | 66 | Knetsch, Klaus | Aßlar | 63 | M60 | 4 | 11:59 | 28 | 58:49 | 36 | 26:08 | 44 | 1:36:56 |
| 40 | 19 | Glasstetter, Martin | Cleeberg | 78 | M40 | 9 | 13:13 | 37 | 1:00:02 | 41 | 24:08 | 37 | 1:37:23 |
| 41 | 20 | Gehring, Nicolas | Wetzlar | 94 | M20 | 5 | 13:11 | 36 | 56:20 | 33 | 28:42 | 49 | 1:38:13 |
| 42 | 9 | Reibis, Martin | DLRG Tri-Team-Wetzlar | 64 | M50 | 17 | 11:01 | 21 | 1:01:46 | 43 | 25:58 | 42 | 1:38:45 |
| 43 | 8 | Prinz, Sebastian | DLRG Tri-Team | 93 | M30 | 7 | 10:50 | 19 | 59:33 | 38 | 29:12 | 50 | 1:39:35 |
| 44 | 23 | Müller, Christoph | TSV Fleisbach | 66 | M50 | 18 | 13:04 | 34 | 59:33 | 38 | 27:55 | 46 | 1:40:32 |
| 45 | 70 | Heberling, Leon | Nenderoth | 02 | M20 | 6 | 15:55 | 46 | 1:02:40 | 46 | 25:49 | 41 | 1:44:24 |
| 46 | 74 | Kopierz, Ferdinand | Dietzenbach | 79 | M40 | 10 | 16:59 | 50 | 1:02:07 | 44 | 26:05 | 43 | 1:45:11 |
| 47 | 71 | Bellenbaum, Nils | Kaiserslautern | 96 | M20 | 7 | 14:29 | 43 | 1:04:34 | 47 | 26:12 | 45 | 1:45:15 |
| 48 | 73 | Weber, Alexander | DLRG Wetzlar | 89 | M30 | 8 | 10:37 | 17 | 1:18:51 | 50 | 24:08 | 37 | 1:53:36 |
| 49 | 7 | Orlowski, Fynnias | Gießen | 92 | M30 | 9 | 16:38 | 49 | 1:10:54 | 48 | 28:19 | 47 | 1:55:51 |
| 50 | 69 | Potsch, Fynn | Herborn | 04 | M18 | 1 | 16:01 | 47 | 1:14:11 | 49 | 28:29 | 48 | 1:58:41 |
| - | 47 | Lenz, Hartmut | SV Dillhausen | 59 | M60 | - | 13:56 | 41 | - | - | - | - | - |
| - | 45 | Gocht, Thomas | Herborn | 70 | M50 | - | 18:41 | 52 | - | - | - | - | - |

Einzelwettkampf am 22.07.2023

Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|-------------------------|-----------------------|----|-----|------|-------|-----|---------|----|-------|----|---------|
| 1 | 44 | Gocht, Stefanie | Herborn | 79 | W40 | 1 | 10:11 | 3 | 49:29 | 1 | 17:04 | 1 | 1:16:44 |
| 2 | 32 | Geismar-Steidl, Martina | SCOBERLAHN | 73 | W50 | 1 | 10:23 | 4 | 51:01 | 2 | 18:57 | 2 | 1:20:21 |
| 3 | 36 | Kaiser, Lena | TuS Eschbach | 83 | W40 | 2 | 10:28 | 5 | 51:46 | 3 | 19:53 | 3 | 1:22:07 |
| 4 | 62 | Schüller, Alicia | team-naunheim.de | 99 | W20 | 1 | 9:31 | 2 | 54:26 | 5 | 20:07 | 4 | 1:24:04 |
| 5 | 24 | Teske, Daniela | Rabenau | 89 | W30 | 1 | 11:42 | 8 | 54:04 | 4 | 23:46 | 9 | 1:29:32 |
| 6 | 27 | Hofmann, Petra | TV Herbornseelbach | 61 | W60 | 1 | 12:42 | 11 | 56:17 | 6 | 20:34 | 5 | 1:29:33 |
| 7 | 21 | Kern, Inga-Simone | ASC Dillenburg | 83 | W40 | 3 | 11:03 | 7 | 58:52 | 8 | 22:34 | 7 | 1:32:29 |
| 8 | 11 | Breitfelder, Juliane | TV Wetzlar | 61 | W60 | 2 | 11:02 | 6 | 57:50 | 7 | 23:43 | 8 | 1:32:35 |
| 9 | 6 | Stamer, Mira | DLRG Tri-Team-Wetzlar | 97 | W20 | 2 | 9:27 | 1 | 1:00:26 | 9 | 23:47 | 10 | 1:33:40 |
| 10 | 68 | Conrad, Christin | Braunschweig | 81 | W40 | 4 | 12:03 | 9 | 1:00:27 | 10 | 21:34 | 6 | 1:34:04 |
| 11 | 12 | Immel, Bernadette | SC Oberlahn | 71 | W50 | 2 | 12:22 | 10 | 1:01:58 | 11 | 26:09 | 11 | 1:40:29 |
| 12 | 72 | Schayan, Farah | Dillenburg | 95 | W20 | 3 | 13:39 | 12 | 1:05:22 | 12 | 26:13 | 12 | 1:45:14 |
| 13 | 56 | Diehl, Miriam | Allendorf | 81 | W40 | 5 | 16:50 | 15 | 1:08:13 | 13 | 26:34 | 13 | 1:51:37 |
| 14 | 55 | Droß, Tanja | Holzhausen | 85 | W30 | 2 | 16:45 | 14 | 1:08:15 | 14 | 26:38 | 14 | 1:51:38 |
| 15 | 75 | Schuy, Patrizia | Weilmünster | 80 | W40 | 6 | 15:46 | 13 | 1:30:13 | 15 | 33:31 | 15 | 2:19:30 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 18-19

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|---------------|------------|----|-----|------|-------|-----|---------|---|-------|---|---------|
| 1 | 69 | Potsch, Fynn | Herborn | 04 | M18 | 1 | 16:01 | 1 | 1:14:11 | 1 | 28:29 | 1 | 1:58:41 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 20-29

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|--------------------|----------------------|----|-----|------|-------|-----|---------|---|-------|---|---------|
| 1 | 51 | Diehl, Jan-Niklas | LGV Marathon Giessen | 95 | M20 | 1 | 8:05 | 1 | 43:50 | 1 | 15:32 | 1 | 1:07:27 |
| 2 | 2 | Georg, Luca | FeG Breitscheid | 00 | M20 | 2 | 9:54 | 3 | 50:21 | 2 | 19:47 | 2 | 1:20:02 |
| 3 | 63 | Hief, Moritz | team-naunheim.de | 01 | M20 | 3 | 8:27 | 2 | 55:31 | 3 | 20:07 | 3 | 1:24:05 |
| 4 | 67 | Breitfelder, Felix | Wetzlar | 95 | M20 | 4 | 12:31 | 4 | 55:36 | 4 | 24:16 | 4 | 1:32:23 |
| 5 | 20 | Gehring, Nicolas | Wetzlar | 94 | M20 | 5 | 13:11 | 5 | 56:20 | 5 | 28:42 | 7 | 1:38:13 |
| 6 | 70 | Heberling, Leon | Nenderoth | 02 | M20 | 6 | 15:55 | 7 | 1:02:40 | 6 | 25:49 | 5 | 1:44:24 |
| 7 | 71 | Bellenbaum, Nils | Kaiserslautern | 96 | M20 | 7 | 14:29 | 6 | 1:04:34 | 7 | 26:12 | 6 | 1:45:15 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TW 20-29

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|------------------|-----------------------|----|-----|------|-------|-----|---------|---|-------|---|---------|
| 1 | 62 | Schüller, Alicia | team-naunheim.de | 99 | W20 | 1 | 9:31 | 2 | 54:26 | 1 | 20:07 | 1 | 1:24:04 |
| 2 | 6 | Stamer, Mira | DLRG Tri-Team-Wetzlar | 97 | W20 | 2 | 9:27 | 1 | 1:00:26 | 2 | 23:47 | 2 | 1:33:40 |
| 3 | 72 | Schayan, Farah | Dillenburg | 95 | W20 | 3 | 13:39 | 3 | 1:05:22 | 3 | 26:13 | 3 | 1:45:14 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 30-39

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit | | | | |
|-----|-----|-----------------------|-----------------------|----|-----|------|-------|-----|---------|---|-------|---|---------|
| 1 | 59 | Behlmer, Jonas | Friedrichsdorf | 89 | M30 | 1 | 8:54 | 1 | 41:09 | 2 | 14:46 | 1 | 1:04:49 |
| 2 | 37 | Hubert, Jens | team-naunheim.de | 86 | M30 | 2 | 9:15 | 2 | 40:03 | 1 | 15:36 | 2 | 1:04:54 |
| 3 | 39 | Hegebarth, Carsten | Triablo Diefenbach | 86 | M30 | 3 | 9:26 | 3 | 44:24 | 3 | 17:18 | 3 | 1:11:08 |
| 4 | 53 | Hartmann, Christoph | LC-Diabü Eschenburg | 87 | M30 | 4 | 9:42 | 4 | 46:31 | 4 | 18:43 | 4 | 1:14:56 |
| 5 | 25 | Lex, Dominik | Rabenau | 84 | M30 | 5 | 14:51 | 8 | 1:01:35 | 6 | 19:12 | 5 | 1:35:38 |
| 6 | 38 | Bräuer, Paul Benjamin | SV Schwimmbad Ober-Ra | 91 | M30 | 6 | 13:32 | 7 | 1:02:10 | 7 | 20:21 | 6 | 1:36:03 |
| 7 | 8 | Prinz, Sebastian | DLRG Tri-Team | 93 | M30 | 7 | 10:50 | 6 | 59:33 | 5 | 29:12 | 9 | 1:39:35 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 30-39

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|--------------|----|-------|---------|-----------|---------|---------|
| 8 | 73 | Weber, Alexander | DLRG Wetzlar | 89 | M30 8 | 10:37 5 | 1:18:51 9 | 24:08 7 | 1:53:36 |
| 9 | 7 | Orlowski, Junias | Gießen | 92 | M30 9 | 16:38 9 | 1:10:54 8 | 28:19 8 | 1:55:51 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TW 30-39

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|------------|----|-------|---------|-----------|---------|---------|
| 1 | 24 | Teske, Daniela | Rabenau | 89 | W30 1 | 11:42 1 | 54:04 1 | 23:46 1 | 1:29:32 |
| 2 | 55 | Droß, Tanja | Holzhausen | 85 | W30 2 | 16:45 2 | 1:08:15 2 | 26:38 2 | 1:51:38 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 40-49

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|-------------------------|----|--------|----------|------------|----------|---------|
| 1 | 40 | Meyer, Florian | Feuerwehr Mengerskirche | 80 | M40 1 | 10:05 1 | 45:02 1 | 17:43 1 | 1:12:50 |
| 2 | 17 | Kruppen, Erik | Cleeberg | 76 | M40 2 | 11:05 2 | 48:33 3 | 17:46 2 | 1:17:24 |
| 3 | 76 | Schuy, Rene | Weilmünster | 76 | M40 3 | 12:41 5 | 46:40 2 | 20:34 6 | 1:19:55 |
| 4 | 4 | Heimann, Jens | AW...als...weiter...! | 81 | M40 4 | 11:25 3 | 52:19 4 | 23:31 8 | 1:27:15 |
| 5 | 57 | Krummer, Marco | Triathlon Equipe Elz | 74 | M40 5 | 12:09 4 | 56:25 6 | 20:23 4 | 1:28:57 |
| 6 | 50 | Droß, Stephan | TuSpo 1920 e.V. Holzgau | 74 | M40 6 | 17:27 10 | 53:45 5 | 20:28 5 | 1:31:40 |
| 7 | 49 | Pfeiffer, Andreas | TuSpo 1920 e.V. Holzgau | 77 | M40 7 | 16:06 8 | 57:38 7 | 20:18 3 | 1:34:02 |
| 8 | 54 | Leuninger, André | SC Westernohe | 77 | M40 8 | 13:41 7 | 58:51 8 | 23:15 7 | 1:35:47 |
| 9 | 19 | Glasstetter, Martin | Cleeberg | 78 | M40 9 | 13:13 6 | 1:00:02 9 | 24:08 9 | 1:37:23 |
| 10 | 74 | Kopierz, Ferdinand | Dietzenbach | 79 | M40 10 | 16:59 9 | 1:02:07 10 | 26:05 10 | 1:45:11 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TW 40-49

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|----------------|----|-------|---------|-----------|---------|---------|
| 1 | 44 | Gocht, Stefanie | Herborn | 79 | W40 1 | 10:11 1 | 49:29 1 | 17:04 1 | 1:16:44 |
| 2 | 36 | Kaiser, Lena | TuS Eschbach | 83 | W40 2 | 10:28 2 | 51:46 2 | 19:53 2 | 1:22:07 |
| 3 | 21 | Kern, Inga-Simone | ASC Dillenburg | 83 | W40 3 | 11:03 3 | 58:52 3 | 22:34 4 | 1:32:29 |
| 4 | 68 | Conrad, Christin | Braunschweig | 81 | W40 4 | 12:03 4 | 1:00:27 4 | 21:34 3 | 1:34:04 |
| 5 | 56 | Diehl, Miriam | Allendorf | 81 | W40 5 | 16:50 6 | 1:08:13 5 | 26:34 5 | 1:51:37 |
| 6 | 75 | Schuy, Patrizia | Weilmünster | 80 | W40 6 | 15:46 5 | 1:30:13 6 | 33:31 6 | 2:19:30 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 50-59

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-----------------------|----|--------|----------|----------|----------|---------|
| 1 | 65 | Bergmann, Christoph | TVE Netphen | 73 | M50 1 | 7:08 1 | 40:27 1 | 14:03 1 | 1:01:38 |
| 2 | 41 | Radke, Mario | SRL Triathlon Koblenz | 67 | M50 2 | 9:16 5 | 43:36 2 | 16:35 3 | 1:09:27 |
| 3 | 35 | Breuer, Lars | LG Brechen | 64 | M50 3 | 11:10 11 | 43:51 3 | 16:12 2 | 1:11:13 |
| 4 | 18 | Zampedri, Willi | Der Naunheimer | 69 | M50 4 | 11:07 10 | 45:13 4 | 17:22 4 | 1:13:42 |
| 5 | 29 | Eichert, Mario | SGKR | 73 | M50 5 | 9:07 4 | 47:27 5 | 17:56 6 | 1:14:30 |
| 6 | 10 | Sattler, Ingolf | SC Oberlahn | 72 | M50 6 | 9:51 6 | 47:40 6 | 18:45 8 | 1:16:16 |
| 7 | 28 | Funk, Marc-Alexander | ASC Dillenburg | 72 | M50 7 | 11:45 13 | 48:05 7 | 17:45 5 | 1:17:35 |
| 8 | 43 | Lotz, Harald | team-naunheim.de | 69 | M50 8 | 10:48 8 | 48:40 8 | 18:24 7 | 1:17:52 |
| 9 | 1 | Kunz, Michael | ASC Dillenburg | 70 | M50 9 | 10:22 7 | 49:38 9 | 21:08 13 | 1:21:08 |
| 10 | 13 | Harl, Gunther | DLRG Tri-Team Wetzlar | 65 | M50 10 | 11:28 12 | 50:48 10 | 20:02 10 | 1:22:18 |
| 11 | 5 | Stamer, Jan | DLRG Tri-Team-Wetzlar | 68 | M50 11 | 8:00 2 | 54:18 13 | 20:56 12 | 1:23:14 |
| 12 | 26 | Birkenstock, Dirk | TV Herbornoesebach | 64 | M50 12 | 13:48 17 | 50:51 11 | 19:48 9 | 1:24:27 |
| 13 | 22 | Dittelbach, Stefan | Tri-flow Bad Endbach | 69 | M50 13 | 9:05 3 | 52:13 12 | 25:27 16 | 1:26:45 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 50-59

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|------------------------|----|--------|----------|------------|----------|---------|
| 14 | 3 | Reichmann, Jörg | Hellerhicken | 70 | M50 14 | 13:08 16 | 55:03 14 | 22:16 14 | 1:30:27 |
| 15 | 31 | Fischer, Marcus | frankfurter - jungs | 66 | M50 15 | 14:00 18 | 55:34 15 | 22:48 15 | 1:32:22 |
| 16 | 52 | Heidt, Markus | MGV 1897 Oberdresselnd | 68 | M50 16 | 12:49 14 | 1:00:00 17 | 20:47 11 | 1:33:36 |
| 17 | 9 | Reibis, Martin | DLRG Tri-Team-Wetzlar | 64 | M50 17 | 11:01 9 | 1:01:46 18 | 25:58 17 | 1:38:45 |
| 18 | 23 | Müller, Christoph | TSV Fleisbach | 66 | M50 18 | 13:04 15 | 59:33 16 | 27:55 18 | 1:40:32 |
| - | 45 | Gocht, Thomas | Herborn | 70 | M50 - | 18:41 19 | - - | - - | - |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TW 50-59

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------------|-------------|----|-------|---------|-----------|---------|---------|
| 1 | 32 | Geismar-Steidl, Martina | SCOBERLAHN | 73 | W50 1 | 10:23 1 | 51:01 1 | 18:57 1 | 1:20:21 |
| 2 | 12 | Immel, Bernadette | SC Oberlahn | 71 | W50 2 | 12:22 2 | 1:01:58 2 | 26:09 2 | 1:40:29 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 60-69

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|-----------------------|----|-------|---------|---------|---------|---------|
| 1 | 46 | Klein, Gunnar | team-naunheim.de | 63 | M60 1 | 10:58 2 | 46:38 1 | 20:58 2 | 1:18:34 |
| 2 | 33 | Schäfer, Hans-Peter | DLRG Tri-Team-Wetzlar | 60 | M60 2 | 10:00 1 | 52:40 2 | 19:36 1 | 1:22:16 |
| 3 | 48 | Steinebach, Thomas | Die MANNschaft eV. | 59 | M60 3 | 15:07 5 | 53:15 3 | 21:08 3 | 1:29:30 |
| 4 | 66 | Knetsch, Klaus | Aßlar | 63 | M60 4 | 11:59 3 | 58:49 4 | 26:08 4 | 1:36:56 |
| - | 47 | Lenz , Hartmut | SV Dillhausen | 59 | M60 - | 13:56 4 | - - | - - | - |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TW 60-69

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|----------------------|----|-------|---------|---------|---------|---------|
| 1 | 27 | Hofmann, Petra | TV Herbornoeseelbach | 61 | W60 1 | 12:42 2 | 56:17 1 | 20:34 1 | 1:29:33 |
| 2 | 11 | Breitfelder, Juliane | TV Wetzlar | 61 | W60 2 | 11:02 1 | 57:50 2 | 23:43 2 | 1:32:35 |

Einzelwettkampf am 22.07.2023

Ergebnisliste - TM 70-79

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|-----------------------|----|-------|---------|---------|---------|---------|
| 1 | 42 | Kracht, Hermann | DLRG Tri-Team-Wetzlar | 52 | M70 1 | 12:13 1 | 55:18 1 | 19:19 1 | 1:26:50 |